



*Ecstatic Hearts™*

## **Agreement of Release & Waiver of Liability**

### **I hereby agree to the following:**

- 1) That I am participating in the Tantra Class sessions offered by Ecstatic Hearts("Organization"), which I will receive information and instruction about Tantra Yoga and health in one or more sessions and workshops (collectively, "Workshops"). I recognize that Yoga requires emotional energy and physical exertion, which may be strenuous and may cause emotional or physical injury and I am fully aware of the risks and hazards involved.
- 2) I understand that it is my responsibility to consult with a physician regarding my participation in the Workshops. I represent and warrant that I am physically fit and have no medical condition that could prevent my full participation in the Workshops.
- 3) In consideration of being permitted to participate in the Workshops, I agree to assume full responsibility for any risks, injuries, loss or damages, known or unknown, which I might incur as a result of participation in the Workshops.
- 4) In further consideration of being permitted to participate in the Tantra sessions, I knowingly, voluntarily, and expressly waive any and all claims I may have against the Organization, its Officers, Directors, Facilitators and volunteers for injury or damages of any kind that I may sustain as a result of participation in the Workshops.
- 5) For myself, my heirs, assigns, or legal representatives I forever release, indemnify, covenant not to sue and agree to hold harmless the Organization, its Officers, Directors, Facilitators and volunteers for any and all liability, demands, actions, loss or damage, injury or death caused by their negligence or other acts.
- 6) I understand that sensual or sexual activities may be occurring with other students and that I am under no obligation to participate. Nor does Ecstatic Hearts offer or guarantee any sexual activities by anyone. We have a consent-based culture and what you do with other consenting adults is totally up to you. I agree to let Teachers or Staff know if I need any type of support.
- 7) I understand that Ecstatic Hearts promotes all workshops well in advance. Thus, no refunds, cancellations or transfers will be available.

I HAVE CLEARLY READ THIS **AGREEMENT OF RELEASE AND WAIVER OF LIABILITY**, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF, THE ORGANIZATION AND FACILITATORS AND VOLUNTARILY AGREE TO THE TERMS AND CONDITIONS STATED ABOVE.

---

SIGNATURE

PRINT NAME

DATE